



TRADE PROJECT

AN EVALUATION ON THE QUALITY OF ADHERENCE
COUNSELING WITH ANTIRETROVIRAL THERAPY AT
THE COMPREHENSIVE CARE CLINIC OF BUTERE
DISTRICT HOSPITAL

PRESENTED BY: MICHAEL K. ORENGO

INDEX NUMBER: 401002481

COLLEGE NUMBER: 106/00229

COLLEGE: THE KENYA POLYTECHNIC UNIVERSITY
COLLEGE

DEPARTMENT OF HEALTH SCIENCE AND
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ABSTRACT

Because of antiretroviral therapy (ART), AIDS is becoming a manageable chronic illness resulting in restoration of economic productivity and social functioning to the AIDS patients. It is vital, according to National AIDS and STI Control Program (NAS COP) that 95% level of ART adherence is maintained through provision of quality adherence counseling. This is a descriptive cross sectional study on a sample drawn from patients attending the comprehensive care clinic of Butere District hospital. The objectives of the study are to determine patients understanding of key information about ART, describe the structures and to assess the capacity of healthcare providers (HCP) carryout the process of ART adherence counseling. The sampling method will be purposive in which 84 patients on ART will be interviewed. Data will be collected using structured questionnaires, observation checklists, and key informant interviews. Data analysis will be done using both qualitative and quantitative methods namely descriptive statistics, and SPSS. The results of the study may be used by health planners to revise policy in training and practice of personnel offering ART adherence counseling to enable patients make informed choices in ART program in the district and in the country and consequently improve patients adherence to ART.