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AN INVESTIGATION INTO THE FACTORS
THAT CAUSE HYPERTENSION AMONG THE
PEOPLE IN KITALE DISTRICT HOSPITAL

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ABSTRACT

A case study carried out in Trans-Nzoia district on causes of hypertension among the aged for a period between February to April 2008.

The study involves interviewing various patients and determination of historical lifestyles of the patients and determination of possible cause of the disease.

Out of the 30000 people in the district who attended the hospital, 1500 had the disease, only 300 of them were interviewed.

The resultant outcomes provides a basis on which necessary measures of solving the danger that hypertension continuous to pose among various individual in our society