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TITLE: AN INVESTIGATION OF CANDIDA ALBICANS AMONG PREGNANT WOMEN ATTENDING ANTE NATAL CLINIC AT THE AGA KHAN UNIVERSITY HOSPITAL (NAIROBI)

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ABSTRACT

For a very long time candidiasis (especially due to *Candida albicans*) has continued to escalate among expectant mothers all over and Agha Khan hospital clients attending ante natal clinic (ANC) have not been spared either.

The study is meant to come up with the prevalence of candidiasis among mothers attending ante natal clinic at Agha Khan University Hospital (AUH) and come up with appropriate intervention measures to curtail or cure the infection.

This research was carried out for a period of one year using conventional appropriate technological skills to ensure validity of the data for current and future use.

To come up with clear data of the cause, clinical signs and symptoms and effects of the disease, sampling methods of interviews, questionnaires, on the spot check (test) and review of respective data were employed.

It was found out that candidiasis was actually a real problem, among pregnant mothers. That at least there must be a pregnancy accompanied by *Candida albicans* infection during a mother's birth life. That candidiasis prevalence increase with an increase in age among pregnant mothers.

Strictly adhere to antifungal regime for treatment and new guidelines for antifungal administration from the usual 7 days to 10 days period, needs to be relooked into if curbing resistance is anything to be achieved.